



MILWAUKEE COUNTY
Department on Aging

MILWAUKEE COUNTY SENIOR DINING ASIAN AMERICAN COMMUNITY CENTER

120 N. 73rd STREET

MARCH



TUESDAY		THURSDAY		FRIDAY	
<div>11:30 LUNCH</div> <div>RESERVATIONS REQUIRED</div> <div>9:30-11:30 24-HOUR NOTICE</div> <div> 258-2410</div>		<div> Like us on facebook®</div> <div>\$3.00</div> <div>60+ Suggested Contribution</div> <div></div> <div>GUEST: \$8.00</div>		<div>1</div> <div>closed</div>	
<div>5</div> <div>Curry Chicken w/Potatoes</div> <div>Pork w/Squash</div> <div>Chinese Broccoli</div> <div>Rice</div> <div>Apple Slices</div>		<div>7</div> <div>Beef Stew w/Carrots & Celery</div> <div>Ma Po Tofu</div> <div>Chinese Greens</div> <div>Rice</div> <div>Banana</div>		<div>8</div> <div>Steamed Fish</div> <div>Beef w/Tomatoes</div> <div>Cauliflower</div> <div>Rice</div> <div>Grapes</div>	
<div>12</div> <div>Poached Chicken</div> <div>Pork</div> <div>w/Bok Choy</div> <div>Broccoli</div> <div>Rice</div> <div>Mixed Fruit Cocktail</div>		<div>14</div> <div>St. Patrick's Lunch</div> <div>Corned Beef</div> <div>Cabbage w/Dried Shrimp</div> <div>Potatoes & Carrots</div> <div>Rice</div> <div>Oranges</div> <div></div>		<div>15</div> <div>closed</div>	
<div>19</div> <div>Seafood Scramble w/Edamame</div> <div>Vermicelli w/Nappa</div> <div>Green Beans</div> <div>Rice</div> <div>Chilled Peaches</div>		<div>21</div> <div>BBQ Pork</div> <div>Chicken Curry w/Potatoes</div> <div>Cauliflower w/Red Peppers</div> <div>Rice</div> <div>Clementine</div>		<div>22</div> <div>closed</div>	
<div>26</div> <div>Steamed Fish</div> <div>Tofu w/Peas & Carrots</div> <div>Bok Choy</div> <div>Rice</div> <div>Banana</div>		<div>28</div> <div>Poached Chicken</div> <div>Eggplant w/Pork</div> <div>Asparagus</div> <div>Rice</div> <div>Chilled Pears</div>		<div>29</div> <div>RESTAURANT OUTING</div>	

Word Search for Adults

**NATIONAL
NUTRITION MONTH®
MARCH 2019**

Words may be horizontal, vertical, diagonal, or backwards.

www.eatright.org #NationalNutritionMonth

1. Almond
2. Basil
3. Cauliflower
4. Dill
5. Eggs
6. Feta
7. Gumbo
8. Ham
9. Jicama
10. Kiwi
11. Lobster
12. Mushroom
13. Nutmeg
14. Okra
15. Paprika
16. Quinoa
17. Radish
18. Swiss Cheese
19. Tomatillo
20. Vanilla
21. Wasabi
22. Yam
23. Zucchini

A	T	E	F	U	T	O	M	A	T	I	N	A	Y	A	M	A	I	N	I	H	C	C	U	Z	A	P
T	L	L	I	D	S	H	I	M	L	B	E	R	J	W	O	T	C	Q	G	U	E	I	S	I	H	A
E	L	M	B	I	O	P	A	Q	A	S	R	I	A	S	A	W	E	C	U	T	M	E	G	Y	P	
F	I	B	O	K	R	G	A	R	V	S	H	I	W	O	D	I	A	W	L	B	O	F	M	U	R	
U	D	I	K	N	R	A	P	E	A	I	O	E	M	A	R	E	N	R	F	Q	S	K	E	T	I	
T	S	O	R	R	A	G	R	A	D	I	H	M	B	O	B	A	S	B	T	U	H	I	R	Q	K	
O	H	P	A	P	E	A	R	A	I	S	K	O	L	E	E	A	V	L	A	I	M	W	H	E	A	
M	I	Q	G	R	A	R	A	I	D	S	N	K	V	S	E	A	I	H	O	N	B	I	D	S	R	
A	M	R	A	D	I	R	E	R	I	S	H	O	L	E	M	A	T	M	B	O	N	A	Y	E	W	
T	L	T	V	E	R	A	E	R	I	S	H	O	L	E	M	A	T	M	B	O	N	A	Y	E	W	
I	B	A	S	A	W	U	A	W	E	I	T	Q	H	A	M	I	S	L	U	C	E	K	H	O		
L	E	S	L	O	U	S	C	U	A	M	E	Q	H	A	M	I	S	L	U	C	E	K	H	O		
L	R	J	I	C	R	N	U	F	P	L	A	N	I	G	M	O	W	E	R	I	S	K	O	W		
O	T	W	O	R	L	I	E	P	L	V	A	N	I	G	M	O	W	E	R	I	S	K	O	W		
T	C	A	U	L	I	F	P	L	V	A	N	I	G	M	O	W	E	R	I	S	K	O	W			
Q	T	H	R	E	E	P	L	V	A	N	I	G	M	O	W	E	R	I	S	K	O	W				
G	U	M	B	O	L	V	A	N	I	G	M	O	W	E	R	I	S	K	O	W						

